

February 2019

# Cloverleaf Healthcare

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## **Celebrating February**

**Haiku Writing Month**

**Mend a Broken Heart Month**

**Library Lovers Month**

**Bubble Gum Day**  
*February 5*

**Super bowl Party**  
*February 3*

**Peppermint Patty Day**  
*February 11*

**Valentine's Day**  
*February 14*

**Margarita Day**  
*February 22*

**Tooth Fairy Day**  
*February 28*

## **Take time for your Sweetheart!**

On February 14<sup>th</sup> at NOON we are having our annual Valentine's Day Dinner for our Couples Residents. This is such a beautiful Dinner for you and your loved one to be able to Celebrate together. Please don't forget to RSVP to Stephanie Hayes, our Activity Director. (812) 446-2309 to insure you have a table to reserve. If you have any questions you may also call.



## Employees of the Month!!

- **Mary Thompson** works hard at Cloverleaf in the Kitchen as well as at home in her kitchen. Mary has been baking her goodies for our Activities Departments bake sales that they have on Wednesday's to raise money for therapy pets. Mary donates all of her baked goods to help. Thank you so much Mary for everything you do for Cloverleaf and our Residents! Keep that warm heart Golden!



## A Sneeze for the Ages

Among his many scientific achievements, Thomas Edison is also known to have opened the very first film recording studio on February 1, 1893, in West Orange, New Jersey. His Black Maria studio (named after the cramped, dark police paddy wagons known colloquially as “black marias”) was the testing ground and laboratory for his kinetograph, a forerunner to the movie camera. His first famous film recording is known as *Fred Ott's Sneeze*; he filmed a mere four silent seconds of Fred Ott rearing his head backward in a hearty *kerchoo*. Once his marvelous film was released to the public, Edison was contacted by a number of performers begging him to capture their work for posterity. The kinetograph's popularity was short-lived, though, lasting only about 10 years. In that brief span, kinetograph theaters known as kinetoscopes opened across the country in New York, Chicago, and San Francisco, but ironically not in Hollywood.

## Underwater Weddings



With Valentine's Day falling in the middle of February, it is no wonder this month is known as

Wedding Month. The city of Trang in Thailand has capitalized on lovers yearning to tie the knot on Valentine's Day by offering a unique setting for a wedding—under water! Every year from February 13 to 15, couples flock to this tropical seaside destination to take part in an underwater group wedding ceremony. On the 13th, couples are greeted at the airport by Thai dancers in traditional dress and then paraded through the streets of Trang to the cheers of spectators. On Valentine's Day, couples are boated to the island of Koh Kradan, where they take part in a traditional Thai wedding ceremony and are blessed with the pouring of water over their heads from a conch shell. Then—for qualified divers only—comes the big event. Tuxedoed grooms and brides dressed in white don their scuba kits

## Employees of the Month!!

- **Tisha Silotto** is a CNA/QMA here at Cloverleaf Healthcare. She was the \$100.00 winner for our last drawing we had. Tisha donated all of her winnings to our activities dept, in order for them to purchase another therapeutic pet for our residents! Thank you so much Tisha for your giving heart and your love for our residents. Keep up the good work. You are such an asset to Cloverleaf Healthcare.
- **Kristen Walters** is a night nurse here at Cloverleaf, she took it upon herself to make window clings for Alzheimers awarness using the ribbon. The money she raised from selling these window clings she donated \$100.00 to our Cloverleaf Activities Department. Thank you so much for your work and generosity.

## SPECIAL THANKS!!!

Thank you to all Cloverleaf Staff, Residents and Family. We have raised over **\$700** from our Bake Sales, beer bread, cookies, candies, goodies, and our recent hot chocolate bar!

## Many Happy Returns



February is Return Shopping Carts to the Supermarket Month. Shopping carts are abandoned in the strangest of places: alongside roads, in ditches, under bridges. Today is the day to put those shopping carts back where they belong. It is estimated that two million shopping carts are taken from supermarkets each year, and with one shopping cart valued at \$100, that's \$200 million rolling away. If pushing a shopping cart back to a supermarket all the way from a highway is too much to ask, you can start by returning shopping carts from the parking lot. Unattended carts can do a lot of damage to cars. Furthermore, studies show that abandoned shopping carts lead to people throwing other trash into parking lots. Returning carts fosters good citizenship!

## Cook's Corner



1. In a medium bowl, mix together cookie crumbs, 3 tablespoons sugar, and melted butter. Press mixture into the bottom of a 9 inch spring form pan.
2. In a saucepan, combine raspberries, 2 tablespoons sugar, cornstarch, and water. Bring to boil, and continue boiling 5 minutes, or until sauce is thick. Strain sauce through a mesh strainer to remove seeds.
3. Preheat oven to 325 degrees F (165 degrees C). In a metal bowl over a pan of simmering water, melt white chocolate chips with half-and-half, stirring occasionally until smooth.
4. In a large bowl, mix together cream cheese and 1/2 cup sugar until smooth. Beat in eggs one at a time. Blend in vanilla and melted white chocolate. Pour half of batter over crust. Spoon 3 tablespoons raspberry sauce over batter. Pour remaining cheesecake batter into pan, and again spoon 3 tablespoons raspberry sauce over the top. Swirl batter with the tip of a knife to create a marbled effect.
5. Bake for 55 to 60 minutes, or until filling is set. Cool, cover with plastic wrap, and refrigerate for 8 hours before removing from pan. Serve with remaining raspberry sauce.

1 cup choc cookie crumbs	1/2 cup water
3 TBS white sugar	2 cups white choc chips
1/4 cup butter, melted	1/2 cup half and half
1 (10oz) pack frozen raspberries	2 TBS white sugar
2 TSP cornstarch	3 (8oz) pack cream cheese softened

## February Birthdays

In astrology, those born between February 1–19 are Water Bearers of Aquarius. Water Bearers are deep-thinking intellectuals, unafraid of exploring outlandish ideas. Their strong sense of community makes them good friends and valuable team members. Those born from February 19–28 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists and good friends.

Jill Bean 2-25

Kayley Kirk 2-04

Susan Miles 2-10

Julie Riegel 2-10

Diana Paver 2-28

Libbie Payne 2-20

Janet Modglin 2-20

Karen Pittman 2-16

## Hard to Swallow



The last Saturday in February is International Sword Swallowers Day, a holiday not for the faint of heart or throat. Sword swallowing is not an illusion or trick, but an incredibly dangerous feat that takes

years of practice. If done incorrectly, it can end with hospitalization or even death. Professionals, however, only suffer the occasional sore, or “sword,” throat. The key to sword swallowing is to not swallow at all! One must completely relax the throat and esophagus and suppress the gag reflex, not an easy feat considering our throats have built-in nerves designed to eject foreign objects in our esophagus. Sword swallows do not start with swords but practice with spoons, knitting needles, and coat hangers. Out of the world’s 7.5 billion people, only about 100 dare to swallow swords. What originated as a divine ritual 4,000 years ago is today a shocking