

March 2019

Cloverleaf Healthcare

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Join us at our Mardi Gras Party

Brought to you by your friends at Kindred Hospice

Celebrating March

**Irish-American Heritage
Month**

Optimism Month

Craft Month

Celebrate Your Name Week
March 3-9

Mardi Gras
March 5

International Women's Day
March 8

Pi Day
March 14

St. Patrick's Party
March 15

March Madness
March 18-March 22



Tuesday March 5th 2PM

We will be having Refreshments
Games and Memorabilia
Fun Music and Dancing,
A Photo Booth with Photographer,
And lots and lots of fun!!

Customer Service Superstar

Michael Robinson has been nominated for our March superstar because of all of his kindness and efforts he puts in daily. Michael is willing to work any floor without complaints. He is always smiling and giving compliments to his residents and other employees. When there is extra work to be done and Michael has time to spare he will make sure he helps accomplish whatever task you bring to him. Thank you Michael for being such a great team player.



Janet's Cooking Corner

Easiest Peanut Butter Fudge Ever!

1. 2 cups sugar
2. ½ cup milk
3. 1 tsp vanilla
4. ¾ cup peanut butter

Bring sugar and milk to a boil. Boil 2 ½ minutes, remove from heat and stir in peanut butter and vanilla.

Night Owls

The International Festival of Owls, a celebration of these mysterious nighttime creatures, will occur during the first three days of March. Is it the owl's nocturnal nature, their swift silence, their chilling calls of "who," or their



bizarre rotating necks that make them so fascinating? These birds have figured prominently in our imaginations for millennia. In ancient Greece, the owl was the symbol of Athena, goddess of wisdom. It was believed that an "inner light" gave the owl its superb night vision, and it was considered a good omen if an owl was spied overhead watching you. Because an owl is a bird of darkness, it has often been associated with death. During the Middle Ages, owls were thought to be witches or witches' helpers. American Indians, too, held many beliefs about owls and death. To some, owls were the spirits of the dead. To others, owls were guides of the recently deceased to the underworld. During the Festival of Owls, take the time to encounter one of these magnificent animals up close and you, too, may begin to think they are more than just birds.

Employee of the Month

Our March Employee of the month is Cynthia Smith. She is a RN at Cloverleaf as well as the Unit Manager, for one of our Long Term Care halls. Cynthia has been nominated for accepting the offer to go help one of our sister facilities that were short staffed. Cynthia is a fun, smiling, laughing, joy to work with. We are happy to have Cynthia on our team. Cynthia is a very responsive nurse, when needed in a hurry she is right there and ready.



The Shamrock

The shamrock, which was also called the “seamroy” by the **Celts**, was a sacred plant in ancient Ireland because it symbolized the rebirth of spring. By the seventeenth century, the shamrock had become a symbol of emerging Irish nationalism. As the English began to seize Irish land and make laws against the use of the Irish language and the practice of Catholicism, many Irish began to wear the shamrock as a symbol of their pride in their heritage and their displeasure with English rule.

ST. PATRICK'S
DAY!





Come Join Us! FREE

March 13, 2019 10:00AM-12:00PM

Dr. Nilah Nicole Bonham doctor of optometry will be there to discuss with you.

Please RSVP toll-free 1-877-223-6109.

LUNCH will be provided by CLOVERLEAF HEALTHCARE

Location for this event will take place at Staunton Community Center 101 N. Monroe Staunton, IN 47881. 812-448-1487 No charge to attend.

EYECARE SPECIALISTS
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An Eye on the Future!

March Birthdays

In astrology, those born March 1–20 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists and good friends. Those born March 21–31 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals.

- Sydney Buell 3/14
- Brandy Head 3/11
- Taylor Hess 3/30
- Deanna Hickman 3/27
- Michelle Lain 3/10
- Sara Tanner 3/4
- Allie Taylor 3/16
- Brianna Grigsby 3/1
- Ellie Jackman 3/23
- Iona Frazier 3/16

The March of Women’s History



The month of March is Women’s History Month, in recognition of women and their impact on culture and society all around the world. The movement to establish recognition of women’s history began in Sonoma, California, in the 1970s. A group of women formed the Education Task Force of the Sonoma County Commission on the Status of Women. Their goal was to include women’s history in the local school curriculum. For too long, men had dominated the study while women’s contributions had nary a mention. The movement in Sonoma was such a success that it gained traction nationwide. In 1980, President Jimmy Carter established the first Women’s History Week, and then in 1987, Congress declared the entire month of March as Women’s History Month. Politicians, writers, freedom fighters, scientists, soldiers, athletes—women have made contributions in virtually every field. Honor them this March.